



"We believe, we achieve, we succeed in God's family"

THANKFULNESS • COMMUNITY • COMPASSION • TRUTHFULNESS • COURAGE • FORGIVENESS

PSHE & RSHE Overview

"More than cleverness, we need kindness and gentleness." Charlie Chaplin

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Children develop their personal, social, and emotional skills by learning to understand their own feelings and those of others. They build positive relationships, learn to share and take turns, and begin to make responsible choices about their behaviour and wellbeing. Children develop their personal, social, and emotional skills by learning to understand their own feelings and those of others. They build positive relationships, learn to share and take turns, and begin to make responsible choices about their behaviour and wellbeing.					

At St Mary's C of E Primary School we use the Kapow PSHE curriculum which is designed as a 2-year rolling program to support mixed-age classes and ensure comprehensive coverage of all key Personal, Social, Health, and Economic education themes. The curriculum is structured over two years, allowing all statutory and recommended PSHE topics to be taught in a logical, progressive sequence. This design supports mixed-age classes by blending the learning aims over the two-year period.

Year 1 & 2	Families and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition RSHE
Year 3 & 4	Families and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition RSHE
Year 5 & 6	Families and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition RSHE