

ESM05 Allergen Identification Form		BREAKFAST CLUB – SEPTEMBER 2024													
Product brand	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
ASDA	Rainbow hoops					W, O, R		✓						✓	
ASDA	Honey Hoops					W, O		✓							
ASDA	Cornflakes					B									
ASDA	Ready Brek / Porridge					O									
ASDA	Crumpets					W		✓						✓	
ASDA	White Bread					W								✓	
ASDA	Teacakes			✓		W		✓						✓	
ASDA	Bagels					W, R, B							✓		
ASDA	Muffins					W								✓	
ASDA	Brioche Rolls Choc			✓		W,R		✓						✓	
ASDA	Choco Snaps					B		✓						✓	
ASDA	Pan au choc			✓		W		✓						✓	
ASDA	Pancakes			✓		W,R		✓						✓	
ASDA	Fruit Loaf					W									
ASDA	Croissants			✓		W,R		✓							
ASDA	Rice Snaps					B									
ASDA	Waffles			✓		W	✓								
ASDA	Malted Wheaties					W,B									

**This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.**

**\*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut**

Please state the name of the cereal(s) containing gluten\* in that column.

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Sainsburys	Wholegrain Malties					B									
Sainsburys	Honey Hoops					O,B,W									
Sainsburys	Cornflakes					B									
Sainsburys	Porridge					O									
Sainsburys	Crumpets					W									
Sainsburys	White Bread					W								✓	
Sainsburys	Teacakes					W								✓	
Sainsburys	Bagels					W,B,R									
Sainsburys	Muffins					W,S								✓	
Sainsburys	Chocolate brioche			✓		W		✓							
Sainsburys	Pan au Choc			✓		W,R		✓							
Sainsburys	Pancakes Scotch			✓		W		✓							
Sainsburys	Croissants			✓		W		✓							
Sainsburys	Waffles			✓		W	✓								
Sainsburys	Choc Hoops					W									
Sainsburys	Rice Pops					B									
Sainsburys	Wheat biscuits					W,B									
Sainsburys	Frosted Flake					B									
Sainsburys	Choco Rice pops					B									

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ASDA	FF Choco Snaps							✓							
ASDA	Free From Rainbow Hoops					O		✓							
ASDA	Free From Choco Hoops					W		✓							
ASDA	Free From Cornflakes														
ASDA	Free From Rice Snaps														
ASDA	Free From Choco Squares					O		✓							
ASDA	Free From Frosted Flakes														
Sainsburys	Gluten Free Cornflakes														
Sainsburys	Gluten Free Choc Stars														
Sainsburys	Gluten Free Rice Pops														
Sainsburys	Gluten Free Choc Pops														

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